

**BE SAFE
CHICAGO** ★★



**Be Safe.
Healthcare**

Be Safe. Healthcare

What's in this guide?



CAUTIOUSLY REOPEN
(Phase III)

Cautiously reopening Chicago requires:

Healthy interactions

Social distancing



Limitations on physical distance to other individuals

Gathering size



Limitations on gatherings of individuals

Protective gear



Use of protective gear by individuals

Hygiene requirements



Ensuring hygienic interactions (e.g., hand washing)

Safe spaces & conditions

Entry access



Entry/exit condition for access to space

Cleaning standards



Actions taken to disinfect space

Visual guidance



Hygiene resources and guidance posted in space

Workplace conditions



Evaluation of foot traffic, ventilation, etc.

Operational resilience & monitoring

Flexible models



Flexibility with sick leave, remote work (when possible)

Operational resiliency



Support for operational flexibility (e.g., multiple shifts)

Travel guidelines



Restriction of movement of people between locations

Testing / tracking



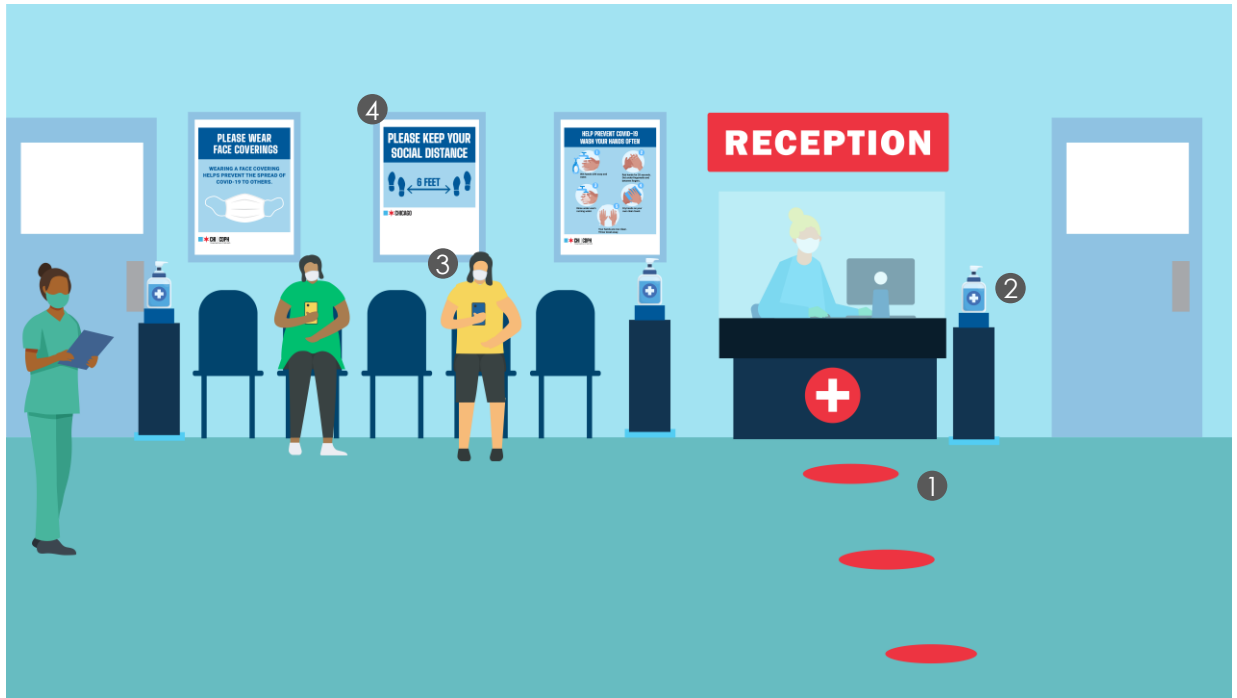
Facilitation of testing and tracking

Be Safe. Healthcare

Illustrative example



CAUTIOUSLY REOPEN
(Phase III)



What may be different?

- 1 **6 ft indicators** placed throughout facilities to ensure patients maintain physical distancing
- 2 Employers encouraged to provide **sanitization supplies** throughout facilities
- 3 Patients and staff required to wear **facial coverings** at all times
- 4 **Visual signage** posted throughout facility regarding hygiene, social distancing, proper PPE, and more

- Recommended guidance -



**Social
distancing**

Maintain >6ft social distancing, where possible

- Maintain social distancing to the extent possible in waiting rooms, cafeterias, etc.
- For dialysis centers, place dialysis chairs as far apart as possible, with at least 6 ft. distance
- In physicians office, encourage tape line guidance
- In Mental Health facilities, barriers suggested at front desk



**Gathering
size**

Limit gatherings of individuals

- Limit gatherings of employees and public in cafeterias, meeting rooms, and other gathering points to no more than 10 people
- If possible, limit in person meetings



**Protective
gear**

Require face coverings

- In any outdoor and indoor common spaces, face coverings must be worn over nose and mouth (exceptions can be made for people with medical conditions or disabilities that prevent them from safely wearing a face covering)



Promote healthy hygiene in line with IDPH, CDPH, and Federal guidelines

- Employees continually practice healthy hygiene, handwashing, sanitizer, etc.
- Test for COVID-19 patients 72 hours prior to elective surgery, self-quarantine until surgery day, and ensure temperature is less than 100.4 prior to surgery (in line with IDPH requirements)
- In physicians offices, no food/drink in clinical areas, and no sharing of food/drink
- In nursing homes, encourage installment of handwashing stations, eye wash stations, and sanitization stations

Be Safe. Healthcare

Safe spaces & working conditions



CAUTIOUSLY REOPEN
(Phase III)



**Entry
Access**



**Cleaning
standards**



**Visual
guidance**



**Work-
place**

Limit visitors and screen staff prior to entry

- Prior to entering establishment, employees self-screen to ensure no symptoms of COVID-19 (e.g., questionnaire – see appendix)
- Encourage pre-registration
- Prohibit visitors unless necessary for an aspect of patient care or as a support for a patient with a disability
- If visitors are allowed, pre-screen for symptoms

Frequent daily cleaning; establish COVID and non-COVID areas

- For cleaning policies, follow heightened infection control procedures (e.g., frequent daily cleaning, thorough overnight cleanings)
- If available, establish areas for COVID-19 patients only

Visual guidance on hygiene standards for employees/patients/visitors

- Follow CDC or EPA guidelines as to best practices for visual signs
- Consider posting visual guidance regarding new operating conditions (e.g., screening, cleaning)

Comply with all national, state and local requirements pertaining to COVID, in addition to hospital operation standards

- If clinically appropriate, encourage disablement of aerosolizing equipment (e.g., air hand dryers)

- Recommended guidance -

**BE SAFE
CHICAGO**

Be Safe. Healthcare

Operations & monitoring



CAUTIOUSLY REOPEN
(Phase III)



**Flexible
models**

Allow remote working for applicable employees & telehealth

- If available, utilize shift-based scheduling and staggered break times
- Use telehealth operations as much as possible



**Operation
resiliency**

Remove any common public items

- Remove non-essential items from waiting rooms (e.g., magazines, toys)



**Travel
guidelines**

Limit travel

- Limit to essential business travel only

- Recommended guidance -



Follow CDPH and CDC guidance for testing and tracing protocols

- If employee does contract COVID-19, they must follow all CDC guidelines before returning to work
- If an employee is identified as being COVID-19 positive by testing, cleaning and disinfecting must be performed according to CDC guidelines
- Any employee who has had close contact with co-worker or any other person who is diagnosed with COVID-19 should self quarantine according to CDC guidelines
- If a facility becomes aware of 2 or more cases possibly associated with an establishment over a 14 day period, employers are required to report cases to CDPH
- Follow all other CDPH guidance set forth and comply with CDPH recommendations in response to a workplace outbreak



Glossary

Gathering: A planned or spontaneous event where individuals are interacting with non-household members within close proximity (<6 ft) for an extended period of time

Handwashing: The act of thoroughly cleaning one's hands with soap and water for at least 20 seconds or using a disinfectant capable of eliminating the virus that causes COVID-19

Social distancing: The physical spacing of at least six feet between individuals, or groups of individuals.

PPE: Personal protective equipment (e.g., face coverings, goggles, face shields); requirements vary based on industry and specific circumstances

Self-screening sample questionnaire

Self-screening: A protocol by which an employee answers questions at the start of a shift. Subject to the guidance of the Commissioner of Health, the questions may include:

- Have you had a body temperature over 100 degrees Fahrenheit or have you used a fever reducer in the previous 24 hours to treat a body temperature over 100 degrees Fahrenheit?
- Do you have a new cough that you cannot attribute to another health condition?
- Do you have a new or worsening sore throat that you cannot attribute to another health condition?
- Do you have new shortness of breath that you cannot attribute to another health condition?
- Have you recently developed a complete loss of smell or taste?



General workplace guidance

National resources for further guidance

CDC – *Activities and Initiatives Supporting the COVID-19 Response and the President's Plan for Opening America Up Again:*

<https://www.cdc.gov/coronavirus/2019-ncov/downloads/php/CDC-Activities-Initiatives-for-COVID-19-Response.pdf>

CDC – *Guidance for Businesses and Workplaces*

<https://www.cdc.gov/coronavirus/2019-ncov/community/organizations/businesses-employers.html>

OSHA *Guidance on Preparing Workplaces for COVID-19:*

<https://www.osha.gov/Publications/OSHA3990.pdf>

CDC – *Guidance for Healthcare systems:*

<https://www.cdc.gov/coronavirus/2019-ncov/hcp/framework-non-COVID-care.html>

CDC – *Guidance for Healthcare professionals:*

<https://www.cdc.gov/coronavirus/2019-nCoV/hcp/index.html>

American Medical Association – *Physician Practice Guide to Reopening:* <https://www.ama-assn.org/delivering-care/public-health/covid-19-physician-practice-guide-reopening>

OSHA – *Guidance for Nursing Home and Longterm Care Facility Workers:* <https://www.osha.gov/Publications/OSHA4025.pdf>

Clinician's facilities – CDPH guidelines

<https://www.chicagohan.org/covid-19>

Healthcare guidance

Disclaimer

Any links provided in this document are for convenience and informational purposes only; they do not constitute an endorsement or an approval by the City of Chicago of any of the products, services or opinions of the corporation or organization or individual. The City of Chicago bears no responsibility for the accuracy, legality or content of the external site or for that of subsequent links. Contact the external site for answers to questions regarding its content.

All material in this document is subject to change based on Federal, State, and CDPH guidelines.

- Recommended guidance -